



Stony Mountain Flyer

Bi-Weekly Inmate Publication

VOLUME 3 - 6

THURSDAY, MAY 22, 1980



Crime and Punishment!

Opinion by CRAIG LYONS

When punishment is revenge for crime, it inspires the punished to seek vengeance in return --- in the form of more crime. It's an insidious cycle that I, as a convict, know very well. Whether or not our politicians and prison officials recognize it or are prepared to deal with it is problematical, since they seem smugly content to utter bureaucratic platitudes and offer lip service to the question of social penal and judicial reform. In the meantime the system sends duly punished but thoroughly embittered men and women out into the streets to make us of what they planned so well in prison. Prisons are the real frankenstein's machine. We breed monsters from the broken fragments of humanity fed into them. And, as in the story, the monster turns on its maker --- every day, on our streets, in our homes. There is a grisly kind of justice in this punishment --- only we are finally the punished, not the punishers.'

We have institutionalized a self-perpetuating cycle of fear, hate and revenge, and until we understand it, we will never learn to stop it. But unless we do, there is no guarantee that it's next victim will not be you.



There's so much good in the worst of us and so much bad in the best of us, it's rather hard to tell which of us ought to reform the rest of us.

* * * * *

Cinema

FRIDAY, MAY 23

Just Between You
and Me Kid

SUNDAY, MAY 25

Crazy Joe

FRIDAY, MAY 30

Time After Time

SUNDAY, JUNE 1

Pumping Iron

Chapel News...

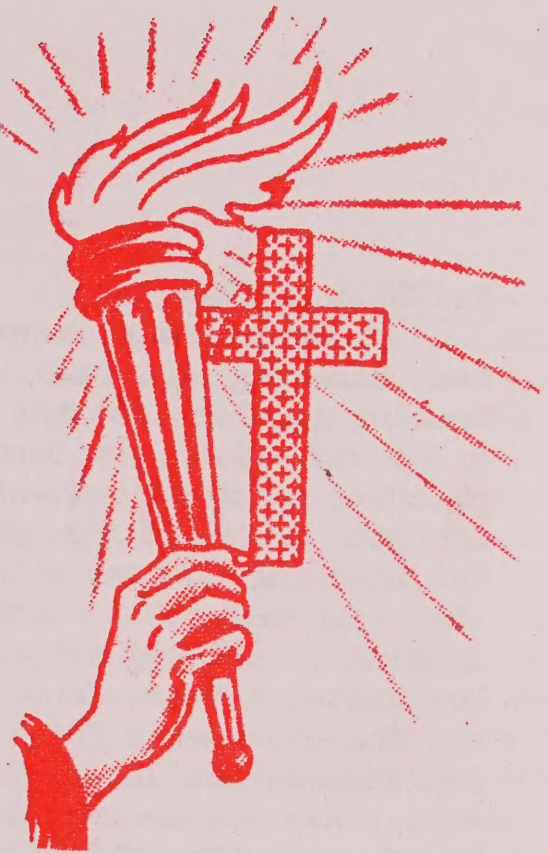
GOD CAN BRING GOOD OUT OF IT

Paddles flashing in the sun, the 27 young St. Johns schoolboys and their masters sped their canoes toward Lake Timiskaming.

Their spirits were high. The trip ahead was to be the highlight of the school year; a three week, 845 kilometer journey that would take them along the route of Chevalier de Troyes and his voyageurs. A tough assignment for boys? Yes--but facing challenges was what St. Johns School was all about.

Suddenly, disaster struck, and thirteen bright young lives were over.

As news of the drownings reached the world, there were cries of anger and condemnation. Yet almost none came from the bereaved parents. In their grief, they rallied around the school they had helped to build. And, the courage, and faith, they displayed would touch the hearts of all who met them.



AMEN TO JESUS, OUR DEAR LORD

* * * * *

PEOPLE ARE FUNNY: WHEN ALL IS SAID AND DONE, THERE IS ALWAYS MORE SAID THAN THERE IS DONE.

THANK YOU BOYS - Doris McClure

Sorry to be so long thanking you for the card and best wishes while I was in hospital. Glad to say I'm home again.

If you could round up at least three or four tables of bridge players, Nelson says I can go out to see you all.

Thank you for your prayers. It's great to have good friends like you who think of such kind things to do.

LOVE D

Sports with Dillon . . .

FASTBALL LEAGUE

Stony Mountain Giants, a new club in the Winnipeg Fastball league won their opening game against the Chalet Jets with a 7-6 victory. Gary Bunn was the winning pitcher, pitching 5 no-hit innings. Joe Laquette and Woodhouse shared the rest of the pitching duties, with Woodhouse credited with the game. Stony Giants were leading 7 nothing after the 5th inning. Designated hitter, Joe McDonald, hit 3-4 and Charette was 2 for 4 with three R.B.I.

Jenkins was the leader for Chalet Jets with a 3 run homer. Eddy Bailey was the losing pitcher. Joe Demontigny, manager for the Giants, was the umpire for the game. He did a fine job with no favouring.



WEIGHTLIFTING COMPETITION

The weight pit was crowded with people last Saturday, May 10 as the weight lifting competition got under way. The competitors were evenly matched in all four weight divisions. Winners were: L Martin, lightweight; A Thomas, middleweight; N Baptiste, light heavyweight; D Terry, heavyweight and all around division.

<u>Stats</u>	<u>Bench</u>	<u>Squat</u>	<u>Dead Lift</u>	<u>Total</u>
L Martin	210 lbs	250 lbs	350 lbs	810 lbs
A Thomas	255	320	430	1005
N Baptiste	275	425	500	1200
D Terry	315	385	525	1225

There was a lot of excitement at the event, but more turnout was expected.

REMINDER

24 May, Saturday: Tennis clinic all day, with outside instructor \$2.00 entry fee; all welcome; sign up at Equipment Room.

25 May, Sunday: ALL STAR baseball game with X-Kalay vs NBO All-Stars.

CHESS



I wish to express thanks to all those who played in the chess tournament. I hope that you enjoyed this event and will come out and support other such activities.

I also wish to express my sincere good wishes to all of those who helped make this event possible. Firstly to the IWC, with a special Thanks to Craig Campbell for helping us obtain the location. Secondly to all those who helped support this event by contributing to the prize fund and last but not least, an appreciation of gratitude to the co-organizers, without which this event could not have been possible.

I also wish to thank: Mr. Hickey, Mr. Dousenko and Mr. Krawchuck for their assistance.

THANK YOU -- JEFF GIESINGER

Their were two divisions at the tournament consisting of an A and B division. There were 12 entries in the A Division and 26 entries in the B Division. The top three winners in each division are as follows: A -- Bryan Latham, Joe Freeman and Doug Nelner; B -- John Ewanski, Jim Eastcott and Jim Perkins.

FASTBALL TEAM HAVING PROBLEMS ? ? ?

On Tuesday, May 15 Nicolet defeated the Stony Mountain Giants 8-4. It was a very competitive game with Lavoie gaining the decision over Bunn. Bunn was relieved by MacDonald in the fifth. Scoring for the Giants was Hunt with 2 and Baker and Bung chipping in with one apiece.

On Tuesday, May 22 the Giants were clobbered 15-3 by Truck. Not much to report on this game. Apparently the only good players for the Giants were the umpires and ball retrievers.

Every Tuesday and Thursday nights throughout the summer outside teams will be coming in to play. Games will be starting at 7 o'clock.

* * * * *

THOUGHT: It is easy to tell a lie. But hard to tell only one lie!

HOBBIES WORKSHOP —

There is an interest in setting up an arts and crafts training room under the direction of a qualified instructor if enough participation is shown.

A room would be provided for all those now working on various hobbies, arts and crafts and for those who would like to learn the correct methods in applying a hobby and completing the works they are doing.

The only way such a venture will get under way quickly, is if a number of people express their interest in such a workshop.

It need not be pointed out that training and qualifications in hobbies, arts and crafts, means either looking to many years of personal enjoyment and pleasing others with your 'novelty' or it could, indeed, mean money for one extra necessity. Training in this area could lead to a profitable vocation (job) (self-employment) when one is tired of prison living.

Should a group of people, talented or not, express their interest to Mr. Reg Howard, our Hobby Officer, a workshop could be set up and classes started. One would not necessarily have to interfere with the other.

Personal success in any ambition will definitely lead to success in many unrealized and unrelated areas just by reason that a person TRIES.

See Reg Howard in the Dome if you are interested in arts and crafts training, in pursuing a hobby or just plain curious.

* * * * *

BELIEVE IT OR NOT --

The only living man in the world to be struck by lightning 7 times is Shenandoah Park Ranger Roy C. Sullivan (U S.), the human lightning-conductor of Virginia. His attraction for lightning began in 1942 (lost big toe nail), and was resumed in July 1969 (lost eyebrows), in July 1970 (left shoulder seared), on April 16, 1972 (hair set on fire), and finally he hoped, on Aug. 7, 1973, as he was driving along a bolt came out of a small, low-flying cloud, hit him on the head through his hat, set his hair on fire again, knocked him 10 feet out of his car, went through both legs, and knocked his left shoe off. He had to pour a pail of water over his head to cool off. Then on June 5, 1976 he was struck again for the sixth time, his ankle injured. When he was struck for the seventh time on June 25, 1977, while fishing, he was sent to Waynesboro Hospital with chest and stomach burns. He can offer no explanation for his magnetism.

INTERVIEW ~

ALLAN
HICKEY..

Due to a number of requests from inmates to find out about V & C and what's happening, The Flyer held an interview with the supervisor of V & C -- Allan Hickey to find out his position on a number of questions. The following is a result of that interview:

FLYER: How long have you had this position with the institution and what other related experience do you have?

HICKEY: Since 1965, I have had approximately five years on custody, about two years as a clerk in V & C and assistant officer for about three years. I have also a certificate in Corrections from McMaster University and 14 years experience in scouting. I feel that both my studies with McMaster and my scouting experience have been a real help in understanding the people I work with in my present position. I can understand the problems and whatever causes individuals to commit crimes. I have taken courses in Human Relations, Problem Solving and am very high on the Volunteer Visit Program instituted here. I find this job very challenging and I try, even though I am not an AA member, to live by their motto of accepting what I can't change, changing what I can and knowing the difference between the two.

FLYER: What major problems have you encountered and what are your limitations on decision making?

HICKEY: I don't want to imply that we have a lot of problems because I don't feel that we do. However people who forget (or do not know) that the V & C regulations have come a long way over the past years tend to try to beat the system and by so doing sometimes force us to be more restrictive than we ourselves would like to be. When someone comes to me with a problem I will do all I can to help but if I can't do anything for you I will tell you straight and the reason why not. Although I have respect for my superiors I do make my own decisions. For example: Periodical visitors which may come to see inmates, say on a Tuesday or Thursday in the morning, afternoon and evening, may be counted only as one visit depending on the circumstances. I like to use common sense in all my decision making and feel that the rules and regulations are more of a guideline than a hard-fast rule.

FLYER: Is the IWC involved in anyway on decision making?

HICKEY: Yes. IWC has a representative for V & C and the door is always open. We talk over the various activities at V & C and the different problems facing inmates in general or on a personal basis. For example last fall we worked together to come up with a decision on the increase in visits.

FLYER: What if any ideas do you and your staff have on improving the V & C program?

HICKEY: I think to answer that question we should look at what has happened over the years. It might surprise you to find out what improvements have been made. (See related chart on Page 11). At present we are working towards new drapes and working with the Jaycees towards new decorations, plants and pictures.

FLYER: We understand visits are limited to 9 per month but during the summer increases are allowed? When will these increases be allowed and what changes or improvements have been made for this year?

HICKEY: Last fall when we agreed to go to two visits per week (or nine per month), it was with the understanding that it was to be for 12 months of the year. As far as I know we are not planning to increase the number of visits during the summer. In this decision we have to look at a number of things. What does this do to the people coming to visit? What can the people on the outside handle and afford? If a person felt obligated to come out too much would it really help the relationship? You should consider the outside people as well as your own interests. I feel that nine visits per month is a fair number at this time.

FLYER: Is there any truth to the rumour that day visits will be cut back?

HICKEY: I have heard the same rumours that you have but to date I have had nothing official. Frankly, I feel strongly that some people can only visit during the daytime due to shift work, etc. I am as curious as the inmates on this situation. I personally feel that if visitors come from some distance I would not have them turned away. I tend to think that in the end if there are any changes common sense will prevail.

FLYER: Can you foresee the chances of conjugal visits allowed to the married inmates?

HICKEY: I have heard talk about conjugal visits for some time and I have no doubt that it may eventually be implemented into our system. I feel strongly that to make it work, it has to be well thought out. However I have received nothing official on this.

FLYER: What are your views on the potentials visitations have on aiding an inmate to be a more socialable behavior?

HICKEY: I feel very strongly that a man needs to have visits to feel comfortable with outside individuals. This is one reason to why the Volunteer Visits Program was started. The visits help to keep in touch with family and friends. They are very much needed for social skills. I feel that if a person has the right kind of people supporting him in society he will have an excellent chance to make it on the outside when released.

FLYER: Why are some visitors subjected to humiliating searches such as the 'SKIN FRISK?'

HICKEY: Simply because there are some people that do not really appreciate the open visiting privilege that they have today and attempt to take advantage of it by smuggling contraband into the institution. I think you know this and I know this and it is those kind of people that make this necessary.

FLYER: How do you decide on who is to be searched and what happens if they refuse?

HICKEY: For me to answer that would be like Eaton's giving The Bay their sales plan.

FLYER: Why are "SKIN FRISKS" necessary for visitors when the inmates are required to have them at the end of the visits?

HICKEY: Again I would be telling trade secrets. However, I am sure you can understand, some people seem to spend their time trying to beat the system and as a result, force us to take some measures which we would otherwise not have to take. I personally don't like this but it is deemed necessary.

FLYER: Don't you feel this is a strong deterrent for people to come out for their visits?

HICKEY: Frankly, I find that as a general rule, the people who are guilty are the ones that complain the loudest. The ones who have nothing to hide recognize that in a prison, some of these things are necessary and seldom say anything about it. As I have already stated, if we didn't have the type of people who abused the system we would not have to embarrass anyone.

FLYER: Why can't pre-stamped self-addressed envelopes be left by the visitors or received through the mail?

HICKEY: Basically it is because of the monetary system. We are trying through the incentive plan to get inmates to improve them-

selves. You have to earn your grades and learn how to manage the money you receive from pay day to pay day. We would like to think this system is fair to everyone. Some individuals have the luxury of having visitors who can afford to leave money or what-have-you for inmates and others do not.

FLYER: How come it takes so long for some mail to come in and for some letters to go out of the institution?

HICKEY: As far as V & C is concerned the mail coming in and the mail going out does so on the same day. However as you know we always have problems with the post office and I think this is where you will find the troubles are located.

FLYER: In winding up do you know of any big changes coming up in V & C policy that are either negative or positive in the near future?

HICKEY: That is a very difficult question to answer. Personally I feel that the past has been very positive, and I hope that the future will be also. If you check the chart that I have provided you will see we have come a long way from where we once were.

COURT SHORTS!

JUDGE -- Have you anything to say before sentence is passed on to you?

PRISONER -- No, your Honor, except that it takes very little to please me.

* * * *

JUDGE -- Are you guilty of this crime?

PRISONER -- Don't know, haven't heard the evidence yet!

* * * *

JUDGE -- Prisoner, the jury find you guilty.

PRISONER -- That's all right, your Honor, I know you're much to intelligent to be influenced by what they say.

* * * *

SO WHAT'S NEW --

"I have found," said the man at the police station, "that the money clip I reported as stolen yesterday was not really lost at all. I'm sorry to have inconvenienced you."

'It's too late now,' replied the police chief. 'The thief has already been arrested.'

Visiting Chart

VISITS						
Prior to 1960 1960-63 1963-69 1969-71 1971-79 1979-?						
Number of Visits	One	Two		Extra if Required	4 then 5 per month	2 per week 9 per month
Length per Visit	$\frac{1}{2}$ hour		40 minutes	1 hour	Minimum 1 hour	
Visitors	Immediate Relatives	Friends and Relatives				List still required
Visiting Facilities	Screened or Glassect in		First new area -- for visits tables	Second new area -- coffee tables and chairs	Area to be enlarged	Visiting area enlarged
Supervision	Strict -- Officer at each table no smoking, no physical contact	Smoking Allowed	Staff no longer at tables, limited contact. Volunteer Visits.	Acceptable physical contact allowed. Greeting kisses and handshakes.		

How can High Blood Pressure hurt you?

Everyone has blood pressure. It is the push of your blood on the walls of your blood vessels as your heart pumps blood to all parts of your body. When your blood pressure goes up and stays there it is very dangerous for your health.

What causes high blood pressure? In most cases we don't really know. It could have many causes. Doctors are still trying to find the answers.

You can't tell if you have high blood pressure --- because you don't feel sick. One of every six American adults has high blood pressure but half of them don't know it. Many who know they have high blood pressure don't do anything about it. Anyone can get it -- young or old.

Only by having your blood pressure checked can you tell if it is high. Don't you try to play doctor! Have regular checkups.

Your doctor can tell you what to do to help you keep your blood pressure at a safe level.

If your doctor gives you medicine take it for as long as he says, even if you feel good.

High blood pressure can take years off your life. It can cause a stroke or heart attack and hurt other important parts of your body.

But you can lead a healthy life even if you have high blood pressure if you do what your doctor tells you.

Keep yourself safe from the dangers of high blood pressure.

REMEMBER --

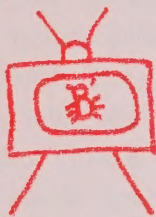
1. You can't tell if you have high blood pressure.
2. Have your blood pressure checked often.
3. Follow your doctor's advice and take the medicine he gives you for as long as he says.

* * * * *

It may be true that life begins at 40, but everything else starts to wear out, fall out or spread out.



INTELLIGENCE?

1 T O W N	2 $\frac{O}{B.A. PHO}$	3 HE'S/HIMSELF	4 LE VEL	5 $\frac{GROUND}{FEETFEETFEETFEETFEET}$
6 SAND	7 EYE EYED	8 DEATH/LIFE	9 B L O C K S	10 $\frac{iiiiiii}{\text{lock lock}}$
11 KNEE LIGHTS	12 	13 	14 	15 You-JUST-ME
16 $\frac{STAND}{I}$	17 CHAIR	18 READING	19 COFFEE	20 STONE
21 	22 ECNALG	23 PROGRAM	24 BOLE TUR 	25 $\frac{MIND}{MATTER}$

TEST =

Answers on
following page!

An Encounter...

It was a very cold November night in the town of Lynn Lake. Well I thought that with nothing to do, I would call up my girl and take her to the show. This I did and managed to scrape up a few bucks seeing I was unemployed at the time. We met at the show as usual, I purchased the tickets and head for the dude at the door to rip them in two. I handed mine to him first, when my girl nugged me and claimed that she had lost her's. I turned in time to see an old woman picking it up with great difficulty, seeing she had so many parcel's with her at the time. I wandered over and explained to her that it belonged to my girl. She just opened her squinted eyes and told me to bugg off. Well that was cool, for I had no time to argue with the old battle axe anyway. So I went back to the counter and bought another one with the change I had left for popcorn. We finally got inside and seated, when I noticed the old woman one row in front of us. In the aisle she had all of her packages in one big bag seeing she was settled down now. But as the picture rolled on I decided to rip her off as she had done to me. I told my girl to stay put and creaped down the narrow aisle. I paused and stared her in the eyes and made off with the parcels. About three blocks away in an alley I could still hear her screams. I decided to see what fortune I had, I madly tore into the packages like a man possessed and found . . . BULLSHIT just like the rest of the story.

ALWAYS SEE WHAT HAPPENS, DON'T TAKE IT BY EAR!

by Les Skomorowski

Answers to I.Q. Test

- | | |
|--------------------------|--------------------------------|
| (1) Downtown | (14) Open house |
| (2) 2 degrees below zero | (15) Just between you and me |
| (3) He's beside himself | (16) I understand |
| (4) Split-level | (17) High Chair |
| (5) 6 feet underground | (18) Reading between the lines |
| (6) Sandbox | (19) Coffee Break |
| (7) Cross-eyed | (20) Corner stone |
| (8) Life after Death | (21) Missing link |
| (9) See through blouse | (22) Glance backwards |
| (10) Bags below the eyes | (23) Space Program |
| (11) Neon lights | (24) Trouble Maker |
| (12) TV bug | (25) Mind over matter |
| (13) Light Weight | |

"Holy Lord Snappin' Crabgrass"

Well, since this is my first time at writing for a joint newspaper, I will just ramble for a bit till I get warmed up.

Ya know, bein' in a Canadian prison is a trip. On da outside, dis looks like a prison, but on da inside, da people don't really act like they're locked up, everybody runnin' around generally goin' crazy an' talkin' to the bulls and' such. Down home everything is so security oriented ya just can't fart but what the man wants ta know what's goin' on.

Speakin' of security, I wants ta take this time ta say 'HIGH' ta all the con's in the Reformatory in Colorado, as a copy of this rag goes down there.

Ya know, the Canadians don't really like to hand out large bits of time like us US of A folks do. Course, the Canadians don't think that a criminal is an animal either, just a pet.

Us Yankees, well, when we break the law, Holy Lord Snappin' Crabgrass ya'd think a wild ol' bear done broke loose from da zoo. Why shoot, when a Yankee turns criminal, the Yankee laws think he done went stone critter.

Whew! Guess it's time to slow down a bit an' start at the ramblin' some more.

I went out ta da yard the other day just ta see whatever, an' ya would think dis was da beach at Malibu or sumpin'.. Everybody runnin' around in various stages of undress, soakin' up the ole rays. Why, da only ting missin' was da broads, da booze and da swimmin' hole.' An dis is Canada? in April yet! See ya all next time around.

C. CHARLES STUEHM

Local convict and general screw up

* * * *

If you find mistakes in this paper, please consider that they are there for a purpose. We try to publish something for everyone and some people are always looking for mistakes.

THE FLYER STAFF

Liaison Joe Petzold
Editor Jim Eastcott
Assoc. Editor .. Al Jolicouer
Sports Reporter . Dave Dillon

The Flyer is published twice monthly by the inmates of Stony Mountain Institution. The views and opinions found herein are those of the writers and do not necessarily reflect the policy or views of the administration or the Solicitor General's Department. Permission to reprint, any article is granted provided the author and the source is appropriately credited.

P.O. BOX 4500
WINNIPEG
MANITOBA
R3C 3W8



Story Mountain Institution
P.O. Box 9250
Winnipeg, Manitoba
R3C 3W9

To: The Librarian
Centre of Criminology
8001 - 130 St George
Toronto, Ontario
M5S 1A1

ATTENTION: PRINTED MATTER